



Cuero First United Methodist

Mainsail



Finding a Place to Pray!

Terri hurried out of the house for a walk. She needed to clear her head; the day's pressure seemed impossible. She followed a trail on her farm leading to the top of a grass-covered hill.

There, she plunked down on the grass in a spot overlooking her farmyard. She tried to pray, but instead she found herself rehashing her emotional struggle.

She and her husband cared for her mother in her farm home. Mini-strokes had made some of her mother's behaviors hard to deal with, and she struggled to accept them.

Besides caring for her mother, she also shouldered some of the economic pressures of the farm.

Her work as a free-lance writer filled in the financial gap. She could not afford to be sidelined by an emotional rollercoaster of feelings.

Yet she sometimes did.

The pressures were getting to her.

Sitting on the hill, she tried again to pray. Still, the words would not come. But, then a gentle breeze sprang up and caressed her face.

The knot in her stomach let go and she saw that simply coming to a quiet place away from the turmoil....seeking peace was a prayer in itself.

Terri began to feel her spirit renewed, like she could go on.

She made those walks a daily habit.

Isaiah 58: 14(RSV) said...."then you shall take delight in the Lord and I will make you ride upon the heights of the earth...."

Lord, no matter where life leads us, please help us always to find those practical places where we can more fully sense Your life-giving presence.

Pastor John



August 8th Blessing of the Backpacks!

We will be blessing backpacks and teachers' bags before the school year begins. Bring your bag to worship on **August 8th** to participate.



Cuero ISD starts on August 11th

Leadership Council Meeting

August 9th

6:30pm



United Methodist Women

Meeting

August 16

Fellowship Hall

6:00pm – light meal

6:30pm – meeting



Love. Grow. Serve.

The School Year is Here!



Sanesa Howard, RN, Wesley Nurse

Thanks to the generosity of the congregation in the years past.

I am welcoming donations to fulfill the lists provided by the schools. If you feel led to help in this effort, the best way to do so is by donating items that appear on most of the lists regardless of grade. The following items are examples and are needed:

- Packages of pencils and paper
- Bottles of Elmer's glue and glue sticks
- Composition notebooks (each child needs 3-4)
- Plastic/poly folders with brads and pockets (4-6 per child)
- Gallon or Quart disposable "zipper" bags
- Disinfectant wipes
- Boxes of Kleenex



There is a Donation Box in the Church Narthex or drop off items at the Wesley Nurse Office or Church Office.

L. I. F. F. T. NEWS

Ladies In Faith & Fellowship Together

L.I.F.F.T. Meetings
will resume in

September



“Easy Does It!”

Senior Fitness

Regular Exercise and Physical Activity can:

- Maintain and Improve Strength and Fitness
- Improve Balance
- Help manage and prevent diseases like diabetes, heart disease and osteoporosis
- Reduce feeling of depression and improve mood and overall well-being

Monday, Wednesday and Friday

9:00am – 10:00am

Wesley Nurse Room

Cuero First United Methodist Church

211 N. Clinton St.

361-275-5272



Almighty God,

To you all hearts are open, all desires known,

And from you no secrets are hidden.

Cleanse the thoughts of our hearts

By the inspiration of your Holy Spirit,

That we may perfectly love you,

And worthily magnify your holy name.

Through Christ our Lord.

Amen.



Church Office News

361-275-5272

- Vacation time July 26 – 30
- No masks required
- Assistance Program offered only on Thursday
- Call Pam for any changes, announcements or prayer requests



August Worship Volunteer Schedule

Date	Liturgist	Ushers	Children's Sermon
8/1/2021	Sarah Ritchea	Mildred & Stayton Weldon	
8/8/2021	Earl O'Connor	Dorothy Brown Evelyn Boedecker	Colette Barth
8/15/2021	Bobby Jones	Sue Halbert Jeanine Calliham	Rev. Wanda Ritchea
8/22/2021	Colette Barth	Bobby & Charla Jones	Sarah Ritchea
8/29/2021	Tom Cheatham	Mildred & Stayton Weldon	Pastor John & Betty



AUGUST



Eric Pena Jr.	8
Becca Barth	11
Steven Wolf	20
Lisa Haferkamp	23
Tom Cheatham	27
Charlotte Wolf	27
Sue Halbert	27
Dee Henneke	28



Randy & Rose Mary Burk	4
Darrel & Elaine Foster	26
Tom & Emily Cheatham	27

C.A.M.A.L. House August Collection: Canned Fruits

