

## “Becoming Whole”

Feelings of emptiness, excessive anxiety, bitterness, depression, addictions, shame and perfectionism are associated with our brokenness.

All of us have experienced some of these feelings at some point in our lives.

There was a season of my life that I felt downright depressed. Some outward circumstances brought me to place of emotional exhaustion. I felt very low.

My nature tends to be quite optimistic; so when I found myself depressed, I was unsettled to say the least.

How did I get there I asked myself? Can't I just pick myself up by the bootstraps, move on and feel better?

At times, life can be painful, as you all know very well. A loss of a loved-one, a broken relationship, joblessness and financial stress are all triggers that pose a threat to our peace of mind and quality of life.

In my personal brokenness, I have found healing and wholeness, but it took an act of God to help me find my way during that challenging time.

We are all broken, at times struggling with the unexpected twists and turns of life. In some cases, our brokenness is easily seen.

When I was depressed, I needed God to pick me up and put me back together again and He did.

No matter where we live, we all have hurts and hang-ups where we are seeking wholeness and peace.

In John 14, Jesus encounters a woman at the well, who was living a life apart from God in her own personal pain. She was lost and searching for love in all the wrong places-to quote a song that we have heard before.

We can all relate to her in some way because, just like us, she had deep spiritual needs. When Jesus comes and meets her in her point of need, her life is forever changed. He turns brokenness to wholeness and comes to take her soul.

So what did Jesus do? He goes to Samaria and addresses the woman that others would not address. He brings her dignity and hope. He ask the broken woman that He encounters for a drink of water in a culture where Rabbis would not address a woman in that circumstance. She is clearly shocked by His response. The Samaritan woman said to Jesus, “You are a Jew and I am a Samaritan woman.” The Samaritan woman asks, “How can you ask me for a drink?” Jesus responds that He can give her “Living Water.” He tells her that He is the one who can give her live. Where she is dry and weary, He can give her “Living Water” and quench her thirst.

The Bible shows significant attention to Jesus meeting people in their points of brokenness and then healing them. In the first eight chapters of Mark, is about Jesus encountering people, healing them and bringing them to wholeness.

God is the ultimate healer, that is comforting to me, and it should be to all of us. Jesus revealed Himself to the woman at the well at her points of brokenness. And He can do the same for you and me. The question is:

*Where are we broken and where do we need healing today?*

*He heals the broken hearted and bandages their wounds.*

*We need to come as we are and come to the well.*

*Finding wholeness in brokenness is possible in the form of Jesus Christ. Amen.*

**Pastor John**

## Thank you!

Thank you again for everyone who helped in some or multiple parts of the Operation Christmas Child shoebox ministry. Our efforts touched 101 children in the country of Ghana. We had 56 different people contribute to this effort. Each contribution, involvement adds up to make an enormous impact through this worldwide campaign to bring Christ's love every corner of the Earth. *There are ways we can start getting ready for 2022 Shoe Boxes.*

## Lent Challenge - Prayer Partners

Each year for Lent, preparation for Easter, many of us give up something in order to remind ourselves of Jesus going into the wilderness to be tempted for 40 days. Another reason, or maybe the actual reason Jesus went into the wilderness was to pray. He spent as much time as he could communicating with his father.

With this in mind, I would like to challenge any and everyone willing to sign up to be Lenten Prayer Partners. When you sign up you will be randomly matched with a partner.

There are only a few requests/requirements to join.

#1 - be open and willing to work with and get to know better your partner.

#2 - pray every day

#3 - communicate with your partner at least 1 time a week (text, email, talk on the phone, Zoom, go get a cup of coffee, tea, soda together, share a meal). It does not matter how partners communicate as long as they do.

**\*\*partners may pray the prayer list (all or part); share personal requests; pray for the church, leadership, community, state, nation - whatever!\*\***

#4 - commit to the partnership for the length of Lent.

If you would like to participate please, let Pam (361-275-5272) or myself (361-676-5484) know. We will need to know your name, best number to reach you and your email. We will need to have all participants signed up by Thursday, February 24.

*Prayer can:*

*\*help us get to know each other better*

*\*build a stronger faith and church*

*\*build a stronger community*

I look forward to you joining me in this.

*Colette Barth*



# February Worship Leaders



| Date      | Liturgist     | Ushers                       | Children's Sermon  |
|-----------|---------------|------------------------------|--------------------|
| 2-6-2022  | Tom Cheatham  | Sue Halbert<br>Dorothy Brown |                    |
| 2-13-2022 | Sarah Ritchea | Mildred & Stayton Weldon     | Colette Barth      |
| 2-20-2022 | Colette Barth | Bobby & Charla Jones         | Sarah Ritchea      |
| 2-27-2022 | Bobby Jones   | Tom Cheatham<br>Sue Halbert  | Rev. Wanda Ritchea |

## L. I. F. F. T. NEWS

*Ladies In Faith & Fellowship*



*Together*

Meeting  
**February 15**  
**2:00pm**

**Leadership Council**  
**Meeting**  
**February 7, 2022**  
**6:30pm**



**UMW**

*United Methodist Women*



**February 21**

**6:00pm-Refreshments**  
**6:30pm-Meeting**

**C.A.M.A.L. House**

**BLANKET DRIVE**

**Donations Still Needed**

Blankets accepted at the  
Church office.

Call Pam at 361-275-5272 for more information.

## ***Financial Information*** ***January 2022***

**Revenues - \$7401.74**  
**Expenditures - \$6062.21**



**FEBRUARY IS HEART HEALTH**  
**MONTH!**



Every day, your heart beats about 100,000 times, sending 2,000 gallons of blood surging through your body. Although it's no bigger than your fist, your heart has the mighty job of keeping blood flowing through the 60,000 miles of blood vessels that feed your organs and tissues. Any damage to the heart or its valves can reduce that pumping power, forcing the heart to work harder just to keep up with the body's demand for blood. So how do you make sure your heart is in tip-top shape? Eat healthy, well-balanced meals and don't skimp on the exercise.



## Birthdays

|                     |                  |
|---------------------|------------------|
| Joe Reuss           | 10 <sup>th</sup> |
| Kayla Pickett       | 14 <sup>th</sup> |
| Emily Cheatham      | 16 <sup>th</sup> |
| David Alan Calliham | 17 <sup>th</sup> |
| Jean Eldridge       | 18 <sup>th</sup> |
| Louise Buchhorn     | 20 <sup>th</sup> |
| Roy Zengerle        | 21 <sup>st</sup> |
| Charla Jones        | 23 <sup>rd</sup> |
| Mary Wood           | 24 <sup>th</sup> |
| Ray Sager           | 24 <sup>th</sup> |



## Anniversaries

Stayton & Mildred Weldon 7<sup>th</sup>

### C.A.M.A.L. House Collection for February: Canned Meats

